

Practice & Financial Policies

A concise overview for prospective clients.

Private-pay practice

Caula Counselor does not bill insurance directly. Payment expectations and accepted methods are reviewed before services begin.

Out-of-network documentation

Upon request, eligible clients may receive a superbill containing information commonly requested for possible out-of-network reimbursement. Reimbursement is not guaranteed, and clients are responsible for confirming benefits and submission requirements with their insurer.

Scheduling and cancellations

The final cancellation, late-arrival, rescheduling, and no-show policies are provided in the practice agreement. Please review those terms before signing and ask questions about anything unclear.

Good Faith Estimates

Uninsured and self-pay clients may request an individualized Good Faith Estimate of expected charges. See the separate Good Faith Estimate & Your Rights handout.

This overview is informational and does not replace the signed financial agreement.

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